INDEPENDENT TRAINING SOLUTIONS LTD

COURSE SYLLABUS

Rough Terrain Forklift

Suitable For:

All personnel who are required to use Rough Terrain Forklifts within the workplace.

Course Aim:

This course is designed to train and assess operators in the safe operation of Rough Terrain Forklifts, including the hazards and precautions to take and also to provide them with a knowledge and understanding of current relevant legislation and approved codes of practice.

Course Content will include:

- The Law – Regulations & Legislation (including: The Health and Safety at Work Act 1974, The Provision and Use of Work Equipment Regulations 1998, The Lifting Operations and Lifting Equipment Regulations 1998 & The Management of Health and Safety at Work Regulations 1999)
- Rider-operated lift trucks: Operator training Approved Code of Practice and guidance
- Introduction to the truck
- Machine capabilities & limitations
- Pre-operational checklist
- Explanation & use of controls
- Fuel and hydraulic systems
- Steering & manoeuvring
- Safe operation and safety precautions
- Factors in deciding whether a particular load is safe to lift
- The effect of load, size, weight, gradients and ground conditions upon machine stability
- Lifting and depositing loads
- Stacking and de-stacking
- Loading, storage and transit of representative materials
- Inspection and maintenance

The course is a mixture of theory and practical training / exercises.

Course Objectives:

On successful completion of this course, candidates will be able to understand current relevant legislation, identify hazards and the precautions needed to overcome them and will be able to operate safely with minimum risk of injury and/or damage to equipment and property.

Venue: On-site at clients' premises

Duration: 1 – 5 Days (dependent on candidate experience and ability)

Candidates: Up to 3 per course

Certification: ITS Certification