



**COURSE SYLLABUS**

**Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillation (AED) - Level 2**

**Suitable For:**

All personnel in all industries.

**Course Aim:**

The aim of this qualification is to enable candidates to attain the knowledge and competencies needed to deal with Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillation (AED).

Every second matters and this AED training course teaches the essential skills that an AED operator needs and gives them the confidence to act quickly and effectively in an emergency.

**Course Content will include:**

- Managing an emergency
- Communication and casualty care
- Basic Life Support Requirements
- Treatment of an unconscious casualty
- Resuscitation (CPR)
- Getting to know the AED
- AED Safety Considerations
- Safe Use of the AED
- AED User Maintenance and Troubleshooting
- Recovery Position
- Choking
- Handover and reporting

**The course is a mixture of theory and practical training / exercises.**

**Course Objectives:**

On successful completion of this course, candidates will be able to demonstrate the practical administration of safe, prompt, effective CPR and use of an AED in emergency situations. Candidates will also:

- Understand Basic Life Support requirements
- Be able to perform the Basic Life Support technique of CPR
- Understand the safety considerations in the use of an AED
- Be able to perform the Basic Life Support technique of AED
- Carry out basic user maintenance and troubleshoot problems with the AED
- Be able to perform post resuscitation procedures, including the Recovery Position
- Be able to manage a Choking casualty

**Venue:** Either on-site at clients' own premises or at an ITS Training Centre

**Duration:** 5-6 Hours Approx.

**Candidates:** Up to 12 per course

**Certification:** ITS / Quallsafe Awards Certification